

# Shaved Fall Salad

1 cup shaved raw butternut squash  
1 cup shaved raw carrot  
1 cup shaved raw celeriac  
½ cup shaved fresh fennel  
2 tablespoons shaved red onion  
1 tablespoon parsley, chopped

fresh pomegranate seeds  
smoked salmon

Make dressing (recipe below)

Combine first 7 ingredients and toss. Dressing and garnish with pomegranate. Top with smoked salmon

## 2-Seeded Mustard and Lemon Vinaigrette

2 teaspoons whole-grain mustard  
2 tablespoons fresh squeezed lemon juice  
½ teaspoon maple syrup  
6 tablespoons olive oil  
salt and freshly ground pepper

Mix mustard – syrup. Slowly drizzle in oil while whisking. Add salt and pepper to taste.